



### **The Musing of Kamala—May 2009**

**If you're reading this article, then you've either got our print catalog in your hands or have been browsing through our website. Thanks for visiting! We want you to feel comfortable and welcome at any time! You may be curious about Kamala's Own. The history of the business is recounted elsewhere, but I thought you might want to know a few extra things about us.**

**We are devoted to the idea that mind, body, and spirit are inseparable. As such, we offer products which try to take this idea into account. It doesn't matter what your spiritual beliefs are, time spent honoring the spirit is important to your overall health. However, it's difficult to make that time if your body is ailing. If your mind won't let you stop for a minute, then forget it! As spiritual beliefs are different for each person, so each person responds to oils and herbs differently. If one of our products doesn't work for you, feel free to tell us about it and ask us to formulate something different for you. We are here to help in whatever**

way we can.

Who are we, you may ask? Kamala's Own is actually run by Kamala: me, the one writing this. I have a small group of people who help me out at our Renaissance faires who we really couldn't live without, but the only full-time formal employees of Kamala's Own is me.

I am perpetually amazed by the fact that I've been in business for 24 years now and it is my 19<sup>th</sup> year at both the Colorado and Bristol Renaissance Faires. I am also perpetually amazed by the loyalty and devotion of my fantastic customers. I am honored by your patronage.

In June of 2004, I moved here to Colorado Springs. Over the years, the business has gone through many changes, and has most recently morphed into Kamala's Own. One thing has always remained the same however, and that is my commitment to bringing my customers the highest quality natural products for body/mind/spirit health at fair prices. Now that I no longer have the overhead of a store, you will notice that some of our prices have even come DOWN! I tend to use fairly simple packaging. I believe that you should pay for what's inside the bottle, not the bottle itself. When I can find a pretty package that doesn't cost an arm, I do it. However, in general, I prefer to concentrate on the product, not the packaging.

One of the other things that has not changed about my business is my willingness to help customers with individual concerns. If you see me at a fair, and I seem too busy to help, feel free to call the toll-free number at (877)424-1963 and discuss your concern. You can also E-mail me at [kamala3@kamala.com](mailto:kamala3@kamala.com). I am always willing to do research to help a customer, and always keep all personal information private. When I research topics new to me, that's how I learn. When I learn things, they result in new products and new information going into the catalogue/website.

Over the past 20 years, there have been many people who have helped the business immensely. My family has been incredibly generous with love and support, and they deserve my utmost gratitude. In addition, I have been blessed to have some of the most amazing, creative employee/friends ever to grace a sales counter. You all probably know who you are. To you all, my heart bursts with love and gratitude whenever I think of you.

I wish all of you--customers, friends, business colleagues, and curiosity seekers alike--health, happiness, love, prosperity, laughter and most of all, peace for all beings.